

**2016 CALENDAR OF “RACES & EVENTS OF INTEREST TO HVR”**  
**(club events highlighted; last update – March 6, 2016)**  
**(most information from [www.406running.org](http://www.406running.org))**

<u>Race / Event</u>	<u>Location</u>	<u>Distance</u>	<u>Scheduling Rule</u>	<u>2016 Date</u>
New Year's Training Run	Helena	up to 16 miles in '16	10:00 at Capital City H.C.	January 1 (Fri.)
HURL Fat Ass	Helena	50k & relays	2nd Sat. in January	January 9 (Sat.)
Speak. of Running w/ Jeff Galloway	Helena	Myrna Loy Ctr.	Tues.	January 19 (Tues.)
Mens & Womens Masters Mile	Bozeman	1 mi	Fri.	February 12 (Fri.)
Frigid Digger (trail)	Butte	7 mi, 3 mi	Sat.	February 20 (Sat.)
Snow Joke	Seeley Lake	½ Marathon	Last Sat. in February	February 27 (Sat.)
St. Patrick's Race	Anaconda	6 mi, 3 mi	Sat. before St. Pat's	March 12 (Sat.)
Run to the Pub	Bozeman	½ Marathon, 10k	Sat. around St. Pat's	March 12 (Sat.)
Count Your Clover Pub Run	Great Falls	5k	Sat. around St. Pat's	March 12 (Sat.)
Run for the Luck of It	Missoula	7 mi, 5k	Sun. around St. Pat's	March 13 (Sun.)
<b>Phase I Training Begins</b>	<b>Helena</b>	<b>Track Workout</b>	<b>Tue.</b>	<b>March 15 (Tue.)</b>
Mustang Family Gallop	Montana City	5k, 1 mi.	Sat. (10:00 am)	April 9 (Sat.)
Montana Warrior Run	Helena	10.3mi, 10k, 5k, 1mi,	Sat.	April 16 (Sat.)
Early Bird IMBD Celebration (trail)	Helena	5 mi, 1.5 mi	Sat.	TBA
Ice Breaker	Great Falls	5 mi, 3 mi	Sun.	April 24 (Sun.)
Rivals Run (evening)	Helena	5k	Sat.	April 30 (Sat.)

Broadwater Color Run	Helena	5k, 1 mi	Sun.	May 1 (Sun.)
Bloomsday	Spokane	12k	1st Sun. in May	May 1 (Sun.)
Don't Fence Me In (trail)	Helena	30k, 12k, 5k	Sat.	May 7 (Sat.)
Race for the Cure	Helena	5k	Sat.	May 14 (Sat.)
<b>Vig Scrimmage XIV</b>	<b>Helena</b>	<b>1 mi Time Trial</b>	<b>Tue.</b>	<b>May 24 (Tue.)</b>
Queen City Triathlon	Helena	1000 yd-12 mi-3 mi		TBA
<b>HEAT Meet</b>	<b>Helena</b>	<b>Youth Track Meet</b>	<b>Sun. before G-Cup</b>	<b>June 5 (Sun.)</b>
Governor's Cup	Helena	Mar, ½ Mar, 10k, 5k	2nd Sat. in June	June 11 (Sat.)
Wulfman CDT 14k (trail)	Pipestone	14k	Summer Solstice Sat.	June 18 (Sat.)
Spring Meadow Triathlon	Helena	Olympic / Sprint	2nd Sun. in July	July 10 (Sun.)
Missoula Marathon	Missoula	Mar, ½ Mar	2nd Sun. in July	July 10 (Sun.)
Big Sky State Games	Billings	track & road events	Fri.-Sun.	July 15-17 (Fri.-Sun.)
Thunderbolt Creek	Helena area	30k	Sat.	July 16 (Sat.)
MT Women's Triathlon	Helena	500m-12mi-5k	Sun.	July 17 (Sun.)
One Helena Hundred	Helena area	100 mi, 100k bike	Sat.	July 23 (Sat.)
Running Water for Helena	Helena area	10 mile, 5k	Sat.	July 30 (Sat.)
Elkhorn Endurance Runs (trail)	Helena area	50 mi, 50k, 23k	1st Sat. in August	August 6 (Sat.)
Sweet Pea Run	Bozeman	10k, 5k	1st Sat. in August	August 6 (Sat.)
Seeley Lake Challenge	Seeley Lake	Triathlon/Duathlon	Sat.	August 13 (Sat.)
<b>50th Augúst Road Race</b>	<b>Helena</b>	<b>3.8 mi</b>	<b>3rd Thu. in August</b>	<b>August 18 (Thu.)</b>
Goats in the Meadow (SHATS 1)	Helena	7.2 mi	Sat.	August 20 (Sat.)

<b>Vig Scrimmage XV</b>	<b>Helena</b>	<b>1 mi Time Trial</b>	<b>Tue.</b>	<b>August 23 (Tue.)</b>
York 38 Special (trail)	Helena	38 mi bike	Sat.	August 27 (Sat.)
Big Dipper Last Chance Rd. Race	Helena	15k & 5k	Sat.	September 3 (Sat.)
<b>Mt. Helena Run (trail)</b>	<b>Helena</b>	<b>5.6 mi</b>	<b>Sat.</b>	<b>September 10 (Sat.)</b>
Goats in the Dark (SHATS 2)	Helena	3.1 mi	Fri.	September 16 (Fri.)
<b>Helena Sun Run</b>	<b>Helena</b>	<b>5k</b>	<b>Sat.</b>	<b>September 17 (Sat.)</b>
Wolf Creek Relay	Helena area	28.02 mi	1st Sun. in October	October 2 (Sun.)
Goat Pursuit (SHATS 3)	Helena area	6.6 mi	Sun.	October 8 (Sat.)
Goat Grind (SHATS 4)	Helena	4 mi	Sun.	October 16 (Sun.)
MHSA State XC Meet (high school)	Kalispell	3 mi	Sat.	October 22 (Sat.)
Montana Cup	Bozeman	5k-8k	Sat. after State HSXC	October 29 (Sat.)
Veterans' Day Race	Butte	5.2 mi	Veterans' Day	November 11 (Fri.)
Turkey Trot (Crossroads)	Helena	5k	Thanksgiving Day	November 24 (Thu.)
Santa 5k (starts at 1:00 pm)	Helena	5k	1st Sun. in December	December 4 (Sun.)
<b>HVR at L&amp;C Brewery</b>	<b>Helena</b>	<b>Beer!</b>	<b>Community Tuesday!</b>	<b>December 6 (Tues.)</b>

**Blue Bolded -- HVR is the Lead Sponsor & Organizer of the Event**