

Mount Helena Top Five Times

Race results prior to about 2005 were not kept diligently. Therefore, these records (especially Masters records) rely heavily on post-2005 race results, and may be modified if additional records from earlier races become available.

Men's Open

| Rank | Name | Time | Year |
|------|-----------------------|-------|-----------|
| 1 | Pat Judge | 36:10 | 1995 |
| 2 | Steve Simpson | 36:23 | 1992 |
| 3 | Jeff Thomas | 36:41 | 1992 |
| 4 | Pat Judge | 36:43 | 2000 |
| 5 | Pat Judge/Jeff Thomas | 36:44 | 1992/1990 |

Men's Masters

| Rank | Name | Time | Year |
|------|---------------|-------|------|
| 1 | Jesse Zentz | 39:23 | 2016 |
| 2 | Jeff Braun | 41:13 | 2010 |
| 3 | Greg Friedman | 41:41 | 2015 |
| 4 | Clark Fox | 42:14 | 2007 |
| 5 | Jeff Thomas | 43:03 | 2010 |

Women's Open

| Rank | Name | Time | Year |
|------|-------------------------|-------|------|
| 1 | Nicole Hunt | 43:34 | 2010 |
| 2 | Kristina Trygstad-Saari | 44:02 | 2009 |
| 3 | Kristina Trygstad-Saari | 44:56 | 2001 |
| 4 | Amy Friedman | 45:27 | 2015 |
| 5 | Nikki Kimball | 45:50 | 2007 |

Women's Masters

| Rank | Name | Time | Year |
|------|----------------|-------|------|
| 1 | Nicole Hunt* | 43:34 | 2010 |
| 2 | Nicole Hunt | 46:23 | 2012 |
| 3 | Kristina Smith | 52:09 | 2011 |
| 4 | Berta Nelson | 52:26 | 2010 |
| 5 | Liz McGoff | 53:00 | 2010 |

*Won the open in 2010, so was removed from the master's scoring.

However, this is still the fastest time posted by a female Masters runner.