

Mount Helena Top Five Times

Full race results prior to 2006 are not available (only top male/female).
Therefore, the Master's records rely heavily on post-2005 race results,
and will be updated if complete records from earlier races become available.

Men's Open

Rank	Name	Time	Year
1	Pat Judge	36:10	1995
2	Steve Simpson	36:23	1992
3	Jeff Thomas	36:41	1992
4	Pat Judge	36:43	2000
5	Pat Judge/Jeff Thomas	36:44	1992/1990

Men's Masters

Rank	Name	Time	Year
1	Jesse Zentz	39:23	2016
2	Jeff Braun	41:13	2010
3	Greg Friedman	41:41	2015
4	Marvin Speece	41:44	2001
5	Clark Fox	42:15	2007

Women's Open

Rank	Name	Time	Year
1	Nicole Hunt	43:34	2010
2	Kristina Trygstad-Saari	44:02	2009
3	Kristina Trygstad-Saari	44:56	2001
4	Amy Friedman	45:27	2015
5	Nikki Kimball	45:50	2007

Women's Masters

Rank	Name	Time	Year
1	Nicole Hunt	43:34	2010
2	Nicole Hunt	46:23	2012
3	Debbie Gibson	48:35	2015
4	Michelle Richardson	48:53	2005
5	Debbie Gibson	49:45	2017