*53rd Augúst Trail Race*

*-- organized by Helena Vigilante Runners --*

*with special thanks to BlueCross BlueShield, Prickly Pear Land Trust,*

*Spring Meadow Resources, MT State Parks, and all of our great volunteers!*

***$10 Entry Fee (Additional Donations Accepted, but please note them - thank you!)***

***Make checks to “Helena Vigilante Runners” or “HVR”***

*I hereby attest that I am physically fit and sufficiently trained for this event,*

 *that I will follow the rules established for this event (see Rules sheet on back of clipboard),*

 *and that I release the sponsors and organizers*

 *from any claim for damages or injuries*

 *suffered by me as a result of my participation in this event.*

PRINTED NAME LIABILITY RELEASE SIGNATURE M/F AGE TEAM (HHS, CHS, BCHS, VIG, OTHER) NUM

 (parent, guardian or coach, if under 18)

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