## 2024 USATF Montana Association Championship Schedule

## PLEASE CHECK FOR LAST MINUTE SCHEDULING CHANGES WHICH MAY BE NECESSARY IN ORDER TO ACCOMMODATE FIELD SIZES. Only $1 / 8 "$ spikes are permitted on track and runways.

This track \& field meet has a "rolling schedule", which means that with exception to a start times listed for each day there is no scheduled time for the start of each running event. Pay close attention to the schedule of events and be aware of what events are occurring at any given time during each day. Listen for the "first" and "second" calls for each event and schedule your warm-ups accordingly! The schedule of events will not change the day of the events.

| 8 \& Under Division | - Born 2016+ |
| :--- | :--- |
| 9-10 Division | - |
| 11-12 Division | - |
| Born 2014-2015 |  |
| 13-14 Division | - |
| Born 2010-2011 |  |
| 15-16 Division | - |
| 17-18 Division | Born 2008-2009 |
| * athletes born in 2005 are also eligible if they do not turn 19 on or before $7 / 25 / 2024$ |  |

Only 1/8" spikes are permitted on the track and runways.

The Decathlon, Heptathlon, Steeplechase and Hammer will not be contested at the Association track \& field championships. Athletes wishing to compete in those events will automatically advance to regionals in Missoula, MT, June 20-22. Please contact Liza Dennehy regarding registration stipulations at liza.dennehy @ gmail.com.

## Friday, June 14, 2024 - Multi-Events - 3000 Meter Run

| Time | Event | Division |
| :---: | :---: | :---: |
| 4:00 PM | Triathlon, Pentathlon | 9-10, 11-12, 13-14 |
|  | 80-Meter Hurdles - Pentathlon | 11-12 (G\&B) |
|  | 100-Meter Hurdles - Pentathlon | 13-14 (G-30" \& B - 33") |
|  | Shot Put - Triathlon/Pentathlon | 9-10 (B/G), 11-12 \& 13-14 (B/G) |
|  | High Jump - Triathlon/Pentathlon | 9-10 (B/G), 11-12 \& 13-14 (B/G) |
|  | Long Jump - Pentathlon | 11-12 \& 13-14 (B/G), |
|  | 200-Meter Dash - Triathlon | 9-10 (G) |
|  | 400-Meter Dash - Triathlon | 9-10 (B) |
|  | 800 Meter Run - Pentathlon | 11-12 \& 13-14 (G) |
|  | 1500-Meter Run - Pentathlon | 11-12 \& 13-14 (B) |
| 5:30 PM | 3000 Meter Run | Girls - 11-12, 13-14, 15-16, 17-18 |
|  |  | Boys - 11-12, 13-14, 15-16, 17-18 |
| 5:00-6:00 P.M. | Athlete Packet Pickup | No Late Entries |

## Time

8:30 A.M. - 12:00 P.M. Athlete Check-In \& Packet Pick-Up
8:30 A.M. - 10:30 A.M. Implement weigh-in

- Running Events -
12:00 P.M.

12:00 P.M.

## Time

9:30 A.M.

10:30 A.M.

11 A.M.

11:30 A.M.
Pole Vault

12:00 P.M.
Long Jump
Javelin

12:15 P.M.
High Jump

1:30 P.M.
Javelin

## - Field Events -

## Event

Long Jump
$\begin{array}{ll} & \text { High Jump } \\ & \text { Shot Put } \\ & \text { Discus } \\ \text { Pole Vault }\end{array}$
$\begin{array}{ll} & \text { High Jump } \\ & \text { Shot Put } \\ & \text { Discus } \\ \text { Pole Vault }\end{array}$
$\begin{array}{ll} & \text { High Jump } \\ & \text { Shot Put } \\ & \text { Discus } \\ \text { Pole Vault }\end{array}$
$\begin{array}{ll} & \text { High Jump } \\ \text { Shot Put } \\ & \text { Discus } \\ \text { Pole Vault }\end{array}$
1500-Meter Run Divisions 110-Meter Hurdles 100-Meter Hurdles (33")
100-Meter Hurdles (30")
80-Meter Hurdles (30")
$4 \times 100$ Meter Relay
400-Meter Run
100-Meter Dash
800-Meter Run
200-Meter Hurdles
400-Meter Hurdles
200-Meter Dash
$4 \times 400$ Meter Relay

High Jump

Shot Put Discus

## Division

## No Late Entries

Girls \& Boys - All
Boys - 15-16/17-18
Girls - 15-16/17-18 \& Boys - 13-14
Girls - 13-14
Girls \& Boys - 11-12
Girls \& Boys - All Divisions
Girls \& Boys - All Divisions
Girls \& Boys - All Divisions
Girls \& Boys - All Divisions
Girls \& Boys - 13-14
Girls \& Boys - 15-16/17-18
Girls \& Boys - All Divisions
Girls \& Boys - All Divisions

## Division

Girls \& Boys - 8\&U/9-10/11-12
Girls - 13-14/15-16/17-18
Girls \& Boys - 8\&U/9-10/11-12
Girls \& Boys - 15-16/17-18

Boys - 13-14/15-16/17-18

Girls \& Boys - 13-14/15-16/17-18
Girls \& Boys - 11-12/13-14

Boys - 13-14/15-16/17-18

Girls \& Boys - 13-14/15-16/17-18
Girls \& Boys - 8\&U/9-10/11-12

Girls \& Boys - 8\&U/9-10/11-12

