

MOUNT HELENA RUN 1976

RESULTS

Men, 13 and under:

1.	Ed Beveridge	44:35
2.	Buddy Jenkins	48:36
3.	Tal Williams	53:19
4.	Mark Johnson	55:23
5.	Ron Glasoe	58:28
6.	Tom Lamphier	1:01:09
7.	Brett Bomar	1:01:43
8.	Richard Sodja	1:01:53
9.	Ronnie McNamara	1:02:43
10.	Brian Craft	1:04:20
11.	Paul Johnson	1:09:05
12.	Dan Dartman	1:14:34
13.	Robert Johnson	1:16:30
14.	Gerry Dupuis	1:16:34
15.	Mike Dupuis	1:16:35
16.	Robbie Phillips	1:19:49

Women, 13 and under:

1.	Patricia Sodja	50:25
2.	Becky Jenkins	1:05:50
3.	Shelly Robertson	1:07:15

Men, 14-18:

1.	Mark Larson	44:09
2.	Beau Freund	46:02
3.	Chris Mebane	47:11
4.	Jon Mathew	49:50
5.	Bud Mandeville	56:11
6.	David Nietering	1:02:35
7.	Mike McNamera	1:02:45
8.	Tom Lombardo	1:10:22

Women, 14-18:

1.	Ann Kamlowky	52:54
2.	Mary Dunbar	1:03:47

Men, 19-24:

1.	Mike Layman	tie	38:35
1.	John Downey	tie	38:35
3.	Tim Cowan		41:03
4.	Craig Olson		41:23
5.	Thomas Faulkner		41:44
6.	James Tyler		43:35
7.	Tom Murphy		44:07
8.	Mike Kucera		46:00
9.	Peter Krych		46:01
10.	Jeffery Mundt		46:49
11.	Doug Bradley		47:16
12.	Paul Barta		47:43
13.	Robert Buzzas		48:05
14.	Robert A. Johnson		48:15
15.	Bruce Hoversland		50:50
16.	Charles Black		50:55
17.	Chip Houske		50:59
18.	Mark Sevier		51:28
19.	James Vook		51:55
20.	Greg Hatley		52:28
21.	Bob Fisher		52:42
22.	Mike Cronin		1:01:04

Women, 19-24:

1.	Holly Brown	56:12
2.	Dawn A. North	1:09:36

Men, 25-34:

1.	Branch Brady	37:34
2.	Danny Murphy	41:43
3.	Tom Kotynski	41:45
4.	Tim Cail	42:02
5.	Bill Schneider	42:03
6.	Rick Reese	42:25
7.	Stu Kellner	44:27
8.	Rogers Little	44:28
9.	Michael Price	45:28
10.	Gerhard Knudsen	45:30
11.	David Wanzenried	46:23
11.	John Hollow	46:23
12.	David Gogley	46:36
13.	Daniel Hollow	46:57
14.	Chris Alke	47:39

Mens, 25-34 (continued)

15.	David Armstrong III	47:47
16.	Bob Anderson	48:28
17.	Alan Joscelyn	49:24
18.	Bill Cunningham	49:28
19.	Tom Literski	50:10
20.	E. Dean Retz	50:29
21.	William Cassells	51:27
22.	Robert Fitzgerald	51:39
23.	Charles Greene	51:59
24.	Dave Torgerson	52:12
25.	David Stiller	52:20
26.	Myron Currie	52:40
27.	Bob Decker	53:01
28.	Ronald N. Knoshaug	53:02
29.	Will Selser	53:46
30.	Darrell Hagen	54:29
31.	John McBride	55:26
32.	Johnney Kelly	56:13
33.	Jim Pomroy	57:43
34.	H. Lee Holmes	57:57
35.	Robert Stenberg	58:31
36.	Larry Huggins	1:01:34
37.	Jay Whitney	1:03:30
38.	Laurence Weinberg	1:18:07

Womens, 25-34:

1.	Ann Danzer	1:02:40
2.	Judy Knoshaug	1:02:51
3.	Dixie Riley	1:02:56
4.	Cathy Campbell	1:05:13
5.	Carol Bondy	1:19:37

Men, 35-44:

1.	Ed Foley	39:27
2.	Frank Culver	45:03
3.	Patrick Heimark	47:03
4.	Kay Johnson	47:24
5.	Gordon Warren	48:57
6.	Dave Casey	51:48
7.	H. Wayne Phillips	53:48
8.	Jim Williams	54:50
9.	Bill Dunbar	55:53
10.	Toby Benson	57:10
11.	J. Andre Chovanak	1:00:14
12.	John Atkins	1:04:08

Women, 35 and over: (No entries)

Men, 45-54:

1.	Frank Newman	47:07
2.	David Fellin	47:53
3.	Chris Kafentzis	56:22
4.	Robert Haynes	57:26
5.	Robert L. Godfrey	1:04:05
6.	Paul Poirier	1:04:09
7.	Don Beaudette	1:05:15
8.	Henry B. Mason	1:31:44

Men, 55 and over:

1.	David E. Walker	53:56
2.	Edward Anacker	59:24
3.	Olav Rogness	1:35:00