



Helena Vigilante Runners, Inc.

Promoting health, fitness, and community through group training runs, races, and events in the greater Helena area.

PO Box 663

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www.vigilanterunning.org

November 2, 2023

Greetings Vigilante Runners,

This year flew by! A profound thanks to everyone for your ongoing support of the club and its community activities. 2023 was another banner year, with highly successful events such as the 10th annual HEAT Meet introducing young athletes to track & field, the 55th Augúst Trail Race, the 47th Mount Helena Run, and the 8th annual Sun Run which raised \$10,000+ for Bryant Elementary solar. The youth Novas cross country and track & field programs had another outstanding year. The only real hiccup was the two back-to-back winter storms Mother Nature threw at us along with near record cold temperatures last week that dumped over a foot of snow on the roads throughout the entire state. With so much ice and snow, we had little choice but to postpone the Montana Cup at the Zinn Ranch in Helena until November 2, 2024... mark your calendars to join us at the Montana Cup one year from today!

For information about HVR's 2024 events, please click here: <http://vigilanterunning.org/our-events/>



If you enjoy participating in or supporting these events as well as Tuesday-at-Noon interval workouts, Thursday Trails, and/or "Phase Parties", we invite you to renew your membership for 2024 with the following link: <https://runsignup.com/Club/160>
Individual membership rates are still \$25 for the entire year (Medalist and Champion levels are encouraged too), and we again hope to exceed 150 members by our December 15 renewal deadline.

As always, please let us know if you have any questions or suggestions about how the club can better serve you. We are honored to be part of such an uplifting community, and hope you feel the same! Again, thank you for all that you do, and we look forward to seeing you in 2024!

Sincerely,

Michael French, on behalf of the entire HVR Board of Directors