



10 QUESTIONS (5/21/08)

1) NAME & NICKNAME(S):

Michele Bazzanella (Bazz, Bazzy, One L)

2) AGE (OR AGE GROUP):

34

3) FAMILY / PETS / LOVED ONES:

Family – Parents are Louise and Dan Bazzanella. They’ve always supported my running and traveled to Idaho to watch my first marathon. I’m married to Randy Shannon, and he traveled with me to Switzerland for the Jungfrau marathon. Bella, Scout, and Ciro are our beloved pups, 12, 11, and 10 years respectively.

4) SCHOOLING:

Columbia Falls Highschool (Wildcats) 1991

Carroll College B.A. Business Finance and Management 1995

5) OCCUPATION:

Financial Consultant with D.A. Davidson & Co.

Former owner of Park Avenue Bakery.

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE ____, AND GOT INVOLVED BECAUSE:

2004 – That spring I told my friend Tara that she might want to check out the track workouts (sucker!). Later that summer I joined her. I've had sporadic attendance since.

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

I suppose I was the first person to challenge Eric Grove to a race up Mt. Ascension. I held the record on Mt. Helena for one year, and held the record on the Great Divide Hill Climb run for one year, which shows a pattern of record winning and losing. I've chased Nicole Hunt around in numerous races including the Montana Cup and am delighted when I can keep her in sight.

8) GOALS (RUNNING OR OTHERWISE):

My running goal is to keep running. When I race, my goal is to feel I ran hard and didn't let my mind control my speed.

9) Philosophy's:

Challenge convention.

All things in moderation.

Speak your mind, even if your voice shakes.

10) OTHER INTERESTING TIDBITS:

I'm a creature of habit. I'm an avid reader; I do not watch television. I love to cook and eat, and I like to make quilts but struggle to find time. Finally, I absolutely love dogs.

