

**Chris
Beskid**



10 QUESTIONS (9/26/08)

1) NAME & NICKNAME(S):

Chris Beskid, Biscuit, Crispy Biscuit

2) AGE (OR AGE GROUP):

29 and two thirds

3) FAMILY / PETS / LOVED ONES:

Brother Phil, Mom Judy, Dad Nick
no pets at the present

4) SCHOOLING:

Naperville Central High School class of '97
B.A. in Creative Writing and Religious Studies at North Central College '01
Grad school drop out

5) OCCUPATION:

Energy and Water Conservation Specialist for KEMA Consulting

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE about a month, AND GOT INVOLVED BECAUSE:

I had been to a few races/workouts and it seemed like the Vigger's were a great group of people. Plus it's good motivation to get out running with other people.

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

Is there an expiration date on PR's? These are all at least ten years old ...

3k – 8:58

5K – 15:13

8K – 25:20 (cross country)

10K – 31:49

8) GOALS (RUNNING OR OTHERWISE):

I'm mainly looking to start running consistently again. Perhaps jump in a few 5/10k's and definitely the Montana Cup.

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO:

Hmm ... live simply.

10) OTHER INTERESTING TIDBITS:

I went to kindergarten through a year of grad school all within three miles in the Chicago suburbs (lame, I know). Since then I've traveled extensively in the states, and lived in Monterey, CA, Lake Tahoe and Helena for the past three years.

I love to get out backpacking, play some softball, read, write, and I'm a die-hard Chicago Cubs fan.