## 10 QUESTIONS (July 22, 2009)

1) NAME & NICKNAME(S):

Lisa Boothe

2) AGE (OR AGE GROUP): 38

3) FAMILY / PETS / LOVED ONES: I am currently single.

## 4) SCHOOLING:

Graduated from Bozeman Senior High in 1989. Helena College of Technology 1991-1993.

- 5) OCCUPATION: Payroll Administrator, Helena Sand and Gravel. Server, part-time, Green Meadow Country Club.
- 6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE \_\_\_\_, AND GOT INVOLVED BECAUSE: June 2009.

I had been just getting by enough to keep weight off and loved the idea of running. After I did a couple of 10k's early this spring and then the Prickley Pear 12K, I decided I wasn't in very good shape and was having trouble pushing myself out of my comfort zone. So I found Brian's ad on the Helena Running Club site and here I am. It is probably the hardest thing I have ever done, but I love the way it makes me feel.

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE): Losing 62 lbs, hit my goal in 2005.

Completing the Pengelly Double Dip 06/13/09. The most grueling 3 hours and 40 minutes of my life!

- 8) GOALS (RUNNING OR OTHERWISE): Be a stronger runner. Hopefully run the Pengelly in 3 hours next year. :o) Go Sky Diving sometime in my life.
- 9) Philosophy's: Winning has nothing to do with racing. Most days don't have races anyway. Winning is about struggle and effort and optimism, and never, ever, ever giving up.

## 10) OTHER INTERESTING TIDBITS:



