



### 10 QUESTIONS (5/15/08)

#### 1) NAME & NICKNAME(S):

(Left to right) Emily Nelson (#5), Tara Jensen (#1), Kelli Swanson (#2), Chris Smith (#6), Amber Osterman (#3), Samantha Mongoven (#4)

(Tara is our group caretaker (hence #1) and she would count us to make sure we were all present like a school teacher does on a classroom fieldtrip. Number nicknames were provided in the order people weren't where they were suppose to be... "Where's 6?")

#### 2) AGE (OR AGE GROUP):

We range from 29 to 36... betcha can't guess who's the oldest (and wisest!)

#### 3) FAMILY / PETS / LOVED ONES:

Chris: Engaged, daughter and 2 step-sons to be...and a ferret?

Samantha: Husband, daughter and 2 dogs...and a hermit crab

Tara: (token single girl of the group!) Hey, she might not have a ton of kids like the rest of us, but she takes care of all of us!

Amber: Husband and dog

Emily: Husband, son and daughter, 2 dogs, a cat, a hamster (who has turned out to be a girl, much to her son's disappointment) and a fish. Named Fish.

Kelli: Husband, son and daughter...no animals or plants

4) SCHOOLING and Special Counseling: We learn something on every run. Ridge Trail, Marathons, 7 mile Joslyn Route, Tara's easy 12 (can't believe someone can find a 12 mile route that feels downhill the whole way!)

#### 5) OCCUPATION:

Wives, Daughters, Mothers, Friends, Sisters, Leaders, Professionals, Coaches... and some Geeks!

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE\_\_\_\_, AND GOT INVOLVED BECAUSE:

2005- present. PEER PRESSURE!!!

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

Marathons: 11

Half Marathons: 12

Bloomsdays: 16

10K's: 24

5K's: OH.... HUNDREDS!!!

8) GOALS (RUNNING OR OTHERWISE):

To make every run enjoyable. Even when they aren't! Even if we have to fake it... or, as in some people's case we let each other know when things aren't so good.... "SCREW THE (BLEEPIN') COWS! I HATE COWS!" (a comment made by Tara while running a 20 miler out in the country with a hangover) "NEVER UNDERESTIMATE 5 MILES!" (a rebuttal from a jubilant comment about only 5 miles left out of 20)"i'm not speaking to you right now..." (does that need any explanation when you're a runner? ☺)"I'M NOT RUNNING TRACK WITH YOU TWO..." (a recent comment by Chris who was the only one to show up for a track workout and got stuck with the speedsters... a tidbit: she ran the 400's later that day and ran a 6:35 pace...) and our personal favorite.. "We had a tough 16 mile run today, it was SO COLD...(15 minutes later...)...Oh! And we got hit by a car!"

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO:

"Find your happy pace" "It's just one foot in front of the other"

10) OTHER INTERESTING TIDBITS: We're the perfect mix...sugar, spice...we can argue who is who... hahaha!



Disney Marathon, January 2008