



10 QUESTIONS (8/7/08)

1) NAME & NICKNAME(S):

Dave Holien

2) AGE (OR AGE GROUP):

I am 24 years old.

3) FAMILY / PETS / LOVED ONES:

fiancé Laura Morin, Mark (dad), Julie (mom), Andy (bro), Laura (sister)

4) SCHOOLING:

Virginia High School (Virginia, MN) (2002)

Itasca Community College (Grand Rapids, MN) A.S. Degree (2004)

North Dakota State University (Fargo, ND) B.S. in Civil Engineering (2006)

5) OCCUPATION:

Civil Engineer at the Montana Dept. of Transportation. I do road design and hydraulics work for the DOT. However, this summer I am out in the “field” doing construction work. I am on a field engineering crew that does construction surveying and inspection of state highway projects.

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE ____, AND GOT INVOLVED BECAUSE:

I’ve been involved with the Vig group since 2006 when I moved to Helena from Minnesota. Bob Eide from work introduced me to the group. I got involved because I like running and doing workouts with a group and also to meet people.

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

I ran my first marathon in June. Laura and I ran Grandma’s Marathon in Duluth, MN and we both did well. Grandma’s was a great event and I suggest it for anyone looking for a marathon.

8) GOALS (RUNNING OR OTHERWISE):

No running goals at the moment, just keeping running and enjoying it and doing a few races. We are doing the Spokane to Sandpoint next week, so just hope to be able to run well in that.

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO:

"Hockey is Life" ...no just kidding that's not my philosophy of life, I just had a shirt when I was younger that said that, and I couldn't think of anything else to put here. Maybe I should find that shirt for my next "yard hockey" tournament with Pat / others -- maybe it will give me the edge I need!

10) OTHER INTERESTING TIDBITS:

Other hobbies of mine include mountain biking, skiing, fly fishing, bird hunting, and playing guitar. I have been a runner for 12 years ... I started running cross country in the 7th grade.



Laura and I at the spaghetti dinner the night before Grandma's marathon



Laura and I on a hike in the Tobacco Root Mountains on the Fourth of July



Mile 22 of Grandma's marathon