

10 QUESTIONS (12/10/08)

1) NAME & NICKNAME(S):

Aimee Reynolds, Aim, Aims

2) AGE (OR AGE GROUP):

My race number (41) above coincides with my age (cute, huh?).

3) FAMILY / PETS / LOVED ONES:

Husband – Chris, my cheerleader and enabler

Sons – Jeremy a.k.a. Wild Man at soccer, age 11, who started track this year

Bradley a.k.a. Brodie on skies, age 8, who likes the idea of running with Mom more than actually doing so

Dog – Taya, goofy-looking Border Collie/Airedale Terrier, my perfect running buddy

Cat – Fat cat, Cassiopeia, who doesn't like running with Mom much

Kitten – Callie who prefers Kitten Kung Fu and gnawing on Mom's hands

Snake – Tiger, California king snake who prefers slithering to running



4) SCHOOLING:

Obedience school might have helped but it's probably too late now. Charm school in 7th grade obviously did no good whatsoever.

University of New Mexico – Biologist/Ecologist

5) OCCUPATION:

Senior Environmental Scientist at Montana Department of Environmental Quality cleaning up Superfund sites

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE 2008, AND GOT INVOLVED BECAUSE:

while my distance has progressed pretty nicely, my speed is not what I want it to be

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

Running for 2 years, making it to vig workouts, exceeded my goal in the 2008 Governor's Cup ½ marathon and the Wulfman's 14K

8) GOALS (RUNNING OR OTHERWISE):

To recover from foot injury; to improve my running so I don't get injured again; to keep running into my 90s or beyond; to become a better swimmer (Triathlons in my future?)

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO:

Lately it's "Gotta run," which seems to apply to my entire life. Sometimes it's "The A.R. actually stands for "anal retentive."

10) OTHER "INTERESTING" TIDBITS:

I love collecting rocks but I try to avoid the extra weight while running. I'm sure no one would find my chasing cars, sneaking out at night, personal hygiene, or amorous tendencies nearly as interesting as Viggo's. I typically bike and swim for my cross-training.