



10 QUESTIONS (10/13/09)

1) NAME & NICKNAME(S): Christy Otte Stergar - it's not hyphenated, just moved Otte (pronounced: ottey) to my middle name, so that others would still know who I was.

2) AGE (OR AGE GROUP): Age 33

3) FAMILY / PETS / LOVED ONES: Married to Dave for 16 months. He's the one that brought me to Helena from Billings three years ago. Most of my family still lives there. Toby, our 8 year old gray tabby is a great low-maintenance companion who pins us to the couch in the evenings.

4) SCHOOLING:

Billings Central High School Class of 1994

Montana State University (Bozeman) BFA in Graphic Design 2000

5) OCCUPATION: Just left my job of 3 years with Target Store to become an administrative assistant at Helena College of Technology. I'll have nights and weekends off, and hopefully that will lead to more consistent training and racing.

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE 2008, AND GOT INVOLVED BECAUSE: I have always loved running, but I'm usually a loner. Dave convinced me I could make some friends who were as crazy about running as I am. I like that everyone is encouraged to run at their own pace, and everyone is very supportive.

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

I was an All-American in 1998 in the NCAA Div I Indoor Track Championships 400m. I still hold the Big Sky Conference record in the Indoor 400 (set at home in Bozeman, 53.05) Ran the 2000 outdoor season unattached when I clocked 2:05.79 for the 800m,

which left me .29 short of qualifying for the Olympic Trials. Strange coincidence: I won thirteen Montana Class A High School track titles and thirteen Big Sky Conference titles.

8) GOALS (RUNNING OR OTHERWISE):

I just want to keep running FOREVER. Hopefully gaining endurance along the way. Staying injury free is the biggest obstacle. I can't say I'll ever be as fast as I was, but I'd like to always be "fast for my age". I like staying strong and finding different ways to complement my running: biking, lifting, yoga.

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO: Don't have a guiding philosophy, maybe that's why I get lost so often. I shouldn't be allowed to go anywhere without a map.

10) OTHER "INTERESTING" TIDBITS: I love to garden and I get really crabby without coffee in the morning. Dave skis Big Sky every weekend of the winter, and I look forward to getting a few more days in this winter (I made it up 10 days last year).

(The following photos were added by the track coordinator)



(Vig Scrimmage, 5/26/09)



(Winning the August Road Race, 8/20/09)