



10 QUESTIONS (5/17/08)

1) NAME & NICKNAME(S):

Dave Stergar "Stergie"

2) AGE (OR AGE GROUP):

41 and most time feel all of those years

3) FAMILY / PETS / LOVED ONES:

I am getting married on June 7 to a wonderful loving person. Her name is Christy Otte, she would love the runners club because she loves to run, unfortunately her work interferes with this great "club". She was an All-American track athlete for Montana State and still holds the school records in the 400 and 800m, I think she still hold some Big Sky conf. records too. (she is kind of a stud, I really lucked out)

4) SCHOOLING:

Anaconda High

Montana Tech B.S. exercise testing and prescription

University of Montana- Western B.S. Education, Biology and HPE majors

MSU- Northern M.S. Learning Development

10.5+ years of college whoooooo!

5) OCCUPATION:

Educator, fitness instructor, professional ski mountain guide

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE ____, AND GOT INVOLVED BECAUSE:

2006 I think, I believe it was Tom Furlong who talked me into showing up for my first workout (I haven't been yet this year since I am busy teaching during that time ☹- I will see you all when school is out for the summer).

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

First would be meeting Christy, second would be her saying "yes". Running wise finishing the 5 mile Icebreaker a few years ago at 6:35ish mile pace, second would be finishing the half marathon Gov. Cup in 1:45 with pretty much zero training. Any time I see a ski photo of me published in a major (or minor) publication. Filming for the new Greg Stump ski movie- *Legend of Ahhhs*, I am a sponsored ski athlete.

8) GOALS (RUNNING OR OTHERWISE):

My goal is to be fit for life, not really to win or do well in a race except the human race.

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO:

Judge wealth by how much free time you have, good friends, and fun happy times you get to enjoy, not by how much money you have in the bank

I love when people ask me what I am training for...and I respond...LIFE!

10) OTHER INTERESTING TIDBITS:

I also like to mountain bike, whitewater kayak, and raft, I was a whitewater raft guide and raft co. manager for 10 summers- it really is the life!