



I'm number 61, arriving at Casey Meadows aid station, August 2007

10 QUESTIONS (5/14/08)

1) NAME & NICKNAME(S):

Alan Wintersteen, no nicknames, please.

2) AGE (OR AGE GROUP):

Turning 48 this year.

3) FAMILY / PETS / LOVED ONES:

Wife = Jennifer. Two children, Eleanor 11 and Matthew 9. No pets.

4) SCHOOLING:

Too much for my own good.

The Pennsylvania State University MA-French Studies/MBA

St. Olaf College

Clover Park High School, Tacoma WA

5) OCCUPATION:

Computer programmer – supervising section of a dozen programmers for Department of Public Health and Human Services.

6) HAS BEEN RUNNING WITH THE VIG GROUP SINCE ____, AND GOT INVOLVED BECAUSE:

2006, I don't remember how I got started with the group (see question 2).

7) NOTABLE ACCOMPLISHMENTS (RUNNING OR OTHERWISE):

I show up for group runs even if the weather is frightful.

8) GOALS (RUNNING OR OTHERWISE):

Keep on training and finishing trail runs. Have fun. Still have knees when I'm in my 60's so I can continue playing with my kids.

9) PHILOSOPHY OF LIFE / PERSONAL MOTTO:

Borrowed from Hagar the Horrible. The secret to happiness is being content with what you have – so GET ENOUGH!

10) OTHER INTERESTING TIDBITS:

Spent two very pleasant years at the bottom of the Rift Valley as a Peace Corps volunteer in Kenya. My site was at the base of the Cherangani Hills, home to Iten (St.Patrick's High School) and many of Kenya's top runners. I had to give up running while there due to the puff adders and acacia thorns. A cool day at my site was like a fine June day in Montana. The hot days, it was too hot to sit in the sun by 8am, and too hot to sit in the shade by 11. The runners all come from the highlands.