

FINAL 2024 USATF Montana JO Championship Schedule

PLEASE CHECK FOR LAST MINUTE SCHEDULING CHANGES WHICH MAY BE NECESSARY IN ORDER TO ACCOMMODATE FIELD SIZES. Only 1/8” spikes are permitted on track and runways.

This track & field meet has a “rolling schedule”, which means that with exception to a start times listed for each day there is no scheduled time for the start of each running event. Pay close attention to the schedule of events and be aware of what events are occurring at any given time during each day. Listen for the “first” and “second” calls for each event and schedule your warm-ups accordingly! The schedule of events will not change the day of the events.

- 8 & Under Division - Born 2016+
- 9-10 Division - Born 2014-2015
- 11-12 Division - Born 2012-2013
- 13-14 Division - Born 2010-2011
- 15-16 Division - Born 2008-2009
- 17-18 Division - Born 2006-2007

* athletes born in 2005 are also eligible if they do not turn 19 on or before 7/25/2024

Only 1/8” spikes are permitted on the track and runways.

The Decathlon, Heptathlon, Steeplechase and Hammer will not be contested at the Association track & field championships. Athletes wishing to compete in those events will automatically advance to regionals in Missoula, MT, June 20-22. Please contact Liza Dennehy regarding registration stipulations at liza.dennehy@gmail.com.

Friday, June 14, 2024 – Multi-Events – 3000 Meter Run

<u>Time</u>	<u>Event</u>	<u>Division</u>
4:00 PM	<u>Triathlon, Pentathlon</u> 80-Meter Hurdles - Pentathlon 100-Meter Hurdles – Pentathlon Shot Put – Triathlon/Pentathlon High Jump – Triathlon/Pentathlon Long Jump – Pentathlon 200-Meter Dash – Triathlon 400-Meter Dash – Triathlon 800 Meter Run – Pentathlon 1500-Meter Run – Pentathlon	<u>9-10, 11-12, 13-14</u> 11-12 (G & B) 13-14 (G – 30” & B – 33”) 9-10 (B/G), 11-12 & 13-14 (B/G) 9-10 (B/G), 11-12 & 13-14 (B/G) 11-12 & 13-14 (B/G), 9-10 (G) 9-10 (B) 11-12 & 13-14 (G) 11-12 & 13-14 (B)
5:30 PM	3000 Meter Run	Girls – 11-12, 13-14, 15-16, 17-18 Boys – 11-12, 13-14, 15-16, 17-18
5:00-6:00 P.M.	Athlete Packet Pickup	<u>No Late Entries</u>

Saturday, June 15, 2024

<u>Time</u>	<u>Event</u>	<u>Division</u>
8:30 A.M. – 12:00 P.M.	Athlete Check-In & Packet Pick-Up	<u>No Late Entries</u>
- Running Events -		
12:00 P.M.	1500-Meter Run	Girls & Boys – All
	Divisions 110-Meter Hurdles	Boys – 15-16/17-18
	100-Meter Hurdles (33")	Girls – 15-16/17-18 & Boys – 13-14
	100-Meter Hurdles (30")	Girls – 13-14
	80-Meter Hurdles (30")	Girls & Boys – 11-12
	4 x 100 Meter Relay	Girls & Boys – All Divisions
	400-Meter Run	Girls & Boys – All Divisions
	100-Meter Dash	Girls & Boys – All Divisions
	800-Meter Run	Girls & Boys – All Divisions
	200-Meter Hurdles	Girls & Boys - 13-14
	400-Meter Hurdles	Girls & Boys – 15-16/17-18
	200-Meter Dash	Girls & Boys – All Divisions
	4 x 400 Meter Relay	Girls & Boys – All Divisions

- Field Events - (All times after 9:30 a.m. are estimates)

<u>Time</u>	<u>Event</u>	<u>Division</u>
9:30 A.M.	Long Jump	Girls & Boys – 8&U/9-10/11-12
	High Jump	Girls – 9-10/11-12
	Shot Put	Girls & Boys – 8&U/9-10/11-12
	Discus	Girls & Boys – 15-16/17-18
	Pole Vault	Girls - 13-14/15-16/17-18
10:45 A.M.	High Jump	Boys – 9-10/11-12/13-14
11 A.M.	Shot Put	Girls & Boys – 13-14/15-16/17-18
	Discus	Girls & Boys – 11-12/13-14
	Javelin	Girls & Boys – 8&U/9-10/11/12
11:30 A.M.	Pole Vault	Boys – 13-14/15-16/17-18
12:00 P.M.	Long Jump	Girls & Boys – 13-14/15-16/17-18
	High Jump	Girls – 13-14/15-16/17-18
12:30 P.M.	Javelin	Girls & Boys – 13-14/15-16/17-18
2 P.M.	Triple Jump	Girls & Boys – 13-14/15-16/17-18
	High Jump	Boys – 15-16/17-18